DATES TO REMEMBER:
- Friday, 9 October: Swimming Lessons commence
- Monday, 19 October: Student Free Day – Staff Professional Development Day
- Tuesday 20 – Friday, 23 October: 4-6 Kinchant Dam Camp
- Thursday, 22 October: P&C Meeting 9:00am in MPB (followed by Asbestos Training)
- Monday, 26 October: Book Club orders due

NEWS FROM THE SCHOOL
This week our teaching team is looking for the students who best exemplify Care and Compassion. This value focuses on caring for ourselves and others.

Right from birth, kids take their cues from parents - so make sure they see your best side. Show them that acts of caring are part of everyday life. When they're old enough to understand (and even before), explain why you're calling to check in on an old friend, running an errand for a neighbour, or making extra soup to bring to an elderly relative.

A study of children watching a violent cartoon showed that those kids who were asked to consider the victim's feelings found the cartoon less funny and scored lower on measures of post-viewing aggression. Labelling and discussing emotions is the first step to unlocking your child's innate empathy - encourage them from a young age to name their own feelings and relate to the feelings of others.

Be on the lookout for ways to go out of your way for someone in need, and your child will take notice. In the same way, if your habit is to "walk on by", then your child will, too. Encouraging children to help others by showing off their talents and doing what they love to do is one of the easiest ways to develop care and compassion in children.

RAINBOW AWARDS

INDIGO
Allan Weir

VIOLET
Daniel Dinsdale
Isaac Snowdon
Sophie Sommerfeld

VIOLET
Sina Abdollahi
Dawson Jones
Katelyn Jones
REMINDERS
If you haven’t yet paid in full your $40 Student Resource Scheme payment, please make sure you do so by Friday, 16 October at the latest. If you aren’t sure, please contact Michelle in the office on 4912 6111.

All swimming forms must be returned tomorrow so that we have time to process them before lessons start on Friday. If forms are not returned, children are not able to participate.

FROM THE PRINCIPAL
Congratulations to the recipients of last term’s Nothing But The Best awards who displayed Nothing But The Best: Sydney Peff, Elizabeth Shaw & Abbey Wright.

I hope everyone is well-rested and enjoyed a safe holiday, because Term 4 is set to be busy one!

Our Term 4 calendar is attached, and you can see that there is plenty happening every week.

Swimming commences on Friday, so please make sure that all items that your child brings to school are clearly named.

Children will need to bring their togs, swim shirt, bathing cap and towel in a separate swimming bag. It is recommended that all children use a bathing cap as they promote good stroke development and breathing techniques. Children who require goggles will need to bring their own. Education Queensland requires that swim shirts must be worn by Prep - Year 6 students during all water-based activities including swimming lessons.

Prep to Year 2 will be swimming at Affinity Pool, departing school each Friday at 12:15pm and returning by 3:00pm. They will need to take their lunch for second break with them.

Year 3 to 6 will be swimming at CQU Pool, departing school each Friday at 12:30pm and returning by 3:00. They will have second break time from 12:15pm – 12:30pm

Yours in education,

Sandra Porter
Principal

BALL GAMES
Congratulations to Hatch for their Ballgames win just before the holidays! Well done to all of the competitors for their good sportsmanship, team spirit and hard work.

Well done also to the parent and staff teams – it was lovely to have an injury free competition this year!

Thank you to everyone involved in the preparation, especially our teacher aides who coached the children, organised the day and even re-marked the lines.
BOOKCLUB
Issue 7 has been sent home today. Please ensure all orders are returned to the school office no later than 9:00am on Monday, 26 October.

MATHS TEAM CHALLENGE

Well done to our Year 5 and 6 Maths Team Challenge representatives, who competed last term.

The children trained hard and did a great job, and they were successful in winning the Guess the Jellybeans competition as well!

Thank you to the parents who drove and participated.

SCHOOL SPORTS

Nominations are open for the CQ School Teams Golf Challenge 12&U Competition. 12&U competition consists of teams in 18 or 9 holes. Nominations close 12 October 2015. For more information or to nominate, please contact the office.

COMMUNITY NOTICES

BARMoya COMMUNITY SPORTS & RECREATION ASSOCIATION

We are holding our 3rd annual Barmoya Bash on Saturday 10th October from 3pm. Come along to the Barmoya Tennis Court for a great family afternoon. For more information contact Jo Geddes on 0419 705 061.

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TRL Rockhampton Juniors

**What:**
- Touch Rugby League for Juniors
- Develops coordination, ball skills and social skills
- Great off-season fitness
- Emphasis on FUN!

**Ages:**
- 6 to 14

**Where/When:**
- Starts October 14
- 8 Game Season
- Wednesday Afternoons
- McLeod Park – end of Dean Street

**How Much?**
- Only $50 for 8 games!

**Contact:**
- Dallas: 0419 509 955
- Watson: 0419 429 675
- admin@trlrockhampton.com.au


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Thanks for buying books from Scholastic Book Clubs — they help build our classroom resources!
GARDENING NEWS
Welcome to beginning of Term 4. I continue to receive compliments on the garden and therefore wish to thank my army of helpers. Thank you to anyone who has helped in any way, the school and myself really do appreciate it. We have entered Mrs Buch’s flower garden, the front native garden and the overall school garden in the Livingstone Shire Council gardening competition. Our school will be judged this Friday between 11.30-12.00noon. If you are available to pull a few weeds, do a general tidy up or water between now and then please let me know. Alternatively, just sign in with the office and do what you see fit. Many hands make light work.

Over the holidays some plants were kindly donated by Bob and Marion Jenkins and planted out on Monday. We are so lucky to have a wonderful community. Don’t forget, if you are pruning your plants and you have plants that can be propagated, I am more than willing to take them and plant them out when ready. If you have any plants you wish to donate please let me know so I can arrange collection or planting.

I am seeking some parent helpers to water again this term as we haven’t had much rain. If you are at school and would like to water a garden, Mrs Farrell has access to the area that stores any gardening implements and hoses.

Thank you to the students who will also be watering this week and ensuring that they place all rubbish in the bin. Please students, if you see a piece of rubbish on the ground, pick it up and place it in the bins provided.

If you are interested in being a part of a gardening committee or helping to start a gardening club at school, please contact me on 0459792546 or snowdonfamily1@bigpond.com.

Happy gardening,
Alicia Snowdon.