DATES TO REMEMBER:

- Friday, 13 February - Student Council Valentine’s Day Fundraiser Day – wear red!
  - P&C Meet & Greet 6:00pm
- Saturday, 14 February - Start collecting Classroom Makeover tokens
- Wednesday, 18 February - Prep photo for Morning Bulletin
- Thursday, 19 February - Grip Leadership Conference – Yr 6
  - Bookclub orders due
- Thursday, 26 February - P&C Meeting – NEW TIME 9:00am
- 26 & 27 February - State Principals’ Conference

NEWS FROM THE SCHOOL

One student from each class who has displayed the whole school Value of the Week (from Values for Australian Schooling) in conjunction with the school motto of Nothing But The Best are awarded a **Nothing But the Best** Award each week.

This week our teaching team is looking for the students who best exemplify **Respect**.

Treating each other with consideration and regards, and respecting another person’s point of view are ways that we can demonstrate respect for ourselves and other people. Real respect is something that is earned. One earns another’s respect by voluntarily doing things such as taking that person’s feelings, needs and thoughts into consideration. Respect seems to be like a boomerang in the sense that you must send it out before it will come back to you.

Respecting someone means respecting their feelings and their needs. We can do this by:

- asking them how they feel
- validating their feelings
- empathizing with them
- seeking understanding of their feelings
- taking their feelings into consideration

Respect for others is one of the most important lessons that we want to teach our students at The Caves State School. To learn respect, children need to be able to see the adults in their lives show respect to each other. It is important that parents and caregivers, as well as school staff, show respect when dealing with each other. It is a way that we create a safe school environment for staff, volunteers, students, parents/caregivers and visitors.
SCHOOL CONTACTS
Thank you to everyone who attended our Meet the Teacher afternoon yesterday. What a positive way to start the school year! We really appreciate it when parents are so involved and interested in what is happening in their children’s education. If you were unable to attend last night, please be sure to contact your child’s teacher if you have any questions.

Thanks must also go to Mrs Schroeter, Miss Watts and Ms Dean who demonstrated the commitment of our teaching team by making themselves available to speak at yesterday’s meeting.

For many of us, email is the most convenient way to communicate nowadays. If you need to contact us, here are our email addresses:

<table>
<thead>
<tr>
<th>The Caves State School Office</th>
<th>admin@<a href="mailto:thecavess@eq.edu.au">thecavess@eq.edu.au</a></th>
</tr>
</thead>
<tbody>
<tr>
<td>Sandra Porter</td>
<td><a href="mailto:the.principal@thecavess.eq.edu.au">the.principal@thecavess.eq.edu.au</a> or <a href="mailto:sport24@eq.edu.au">sport24@eq.edu.au</a></td>
</tr>
<tr>
<td>Carmel Schroeter</td>
<td><a href="mailto:cschr9@eq.edu.au">cschr9@eq.edu.au</a></td>
</tr>
<tr>
<td>Pamela Watts</td>
<td><a href="mailto:pwatts26@eq.edu.au">pwatts26@eq.edu.au</a></td>
</tr>
<tr>
<td>Lisa Dean</td>
<td><a href="mailto:ldean36@eq.edu.au">ldean36@eq.edu.au</a></td>
</tr>
</tbody>
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PARKING AND OUTSIDE HOURS ACCESS
Please consider safety for students. **Do not** park adjacent to the school footpath on Rossmoya Road; also **do not** stop or park in the School Bus parking zones, at the front gate or in the turning circle. There is parking available in the Lions Park off Barmoya Road however this gate is not supervised in the afternoon.

Parents and community groups may have access to the school facilities after hours through the Principal's discretion. A request needs to be made through the office.

Please note, people found on school property without authorisation from the Principal may be questioned and charged by police for trespassing. Please contact the Police or School Watch on 131788 if you see people in the school grounds after school hours.

THE MORNING BULLETIN CLASSROOM MAKEOVER
Put the best educational tools at your child’s fingertips! Imagine what our school could do with a $5,000 classroom makeover from Staples. The school with the most tokens wins, so help your children and their school by collecting as many tokens as you can. A token will be published daily in paper from Saturday 14 February to Monday 16 March 2015.

Start collecting as many daily tokens as you can from friends and families and your workplace and send them into the office before Friday, 20 March.

At the end of the competition, the school with the most number of tokens per student will win a $5,000 classroom makeover from Staples. All schools stand an equal chance of winning, as the Bulletin will pro-rata entries across the number of enrolled students to determine the winner.
PREP PHOTO
The photographer from the Morning Bulletin will be here on Wednesday, 18 February at 9:00am to take a photo of the Preps. Please ensure that the children are wearing school uniform.

MEDICATION
Medication prescribed by a doctor or dentist may be administered to students by school staff. It is necessary to complete the medication form available from your child’s teacher or forward a letter indicating the child’s name, the type of medication and dosage. The medication must be handed to your child’s teacher in its prescription container and administered according to the instructions. A copy of the pharmacist’s label will be made. Non-prescription medication including pain relief medication (Panadol, stingose) and cough mixtures will not be administered. A school register is kept of all medication issued.

Education Queensland regulations prohibit students carrying their own medication to school. We require that parents deliver medication to your child’s teacher. Non-prescribed medications should not be brought to school and will not be administered by school staff.

Self-Administration of Medication
Contemporary management of chronic health conditions encourages students to administer their own medication, to recognise the signs and symptoms of their condition and to participate in the full range of activities offered by the school. In the event of an emergency situation, it may be necessary for a student to be assisted with the administration of medication (e.g. using an EpiPen to treat anaphylaxis or Ventolin to treat asthma).

Parents/caregivers must notify the Principal in writing if their student is to self-administer medication and/or to carry their own medication (e.g. Adrenaline auto-injector for emergency first aid treatment of anaphylaxis) or store their medication at the school.

Self-administration or assisted administration of medication may include:
- inhaling medication such as “Ventolin” for asthma;
- use of adrenaline auto-injector (eg. EpiPen)
- monitoring blood sugar levels and the injection of insulin for diabetes;
- orally administering anti-convulsant medication for epilepsy; and
- orally administering enzyme replacements for cystic fibrosis.

WHOOOO CAN HELP?
A very big thank you to Tim Rolfe, Ross Schneider and Riley Rolfe who came and spent many hours mowing over the weekend! Thank you to each and every person who helps make our school better; it really is greatly appreciated.

We are about to give the garden (Rossmoya Entrance) a much-needed makeover, including weed control, pruning and mulching. The plan is to give all the weeds a thorough spray, lay a thick layer of newspapers and then spread some sugar cane mulch thickly to prevent weeds appearing again a few weeks later. All of the plants in that garden need tidying up too.

If you can help with spraying, please contact the office – all equipment is available, although donations are always greatly appreciated. Also, we would like newspapers sent in over the next few weeks. Please place them in a neat pile outside the downstairs storeroom.

We would also like a volunteer to prepare the garden for the Year 6 Tree planting which is scheduled for Monday, 2 May. The compacted soil in the garden bed outside Miss Watt's room needs to be dug out, prepared with manure or compost and 4 holes need to be dug. Please contact the office if you can take on this job for our Year 6 students.
FROM THE PRINCIPAL
Congratulations to the recipients of last week’s Nothing But The Best awards who displayed Honesty & Trustworthiness: Abbey Wright, Matilda Peff & Olivia Barnett.

We are very proud of the high praise we received during our Discipline Audit in 2014, and the success of our whole-school approach to Behaviour Management is evident by the great behaviour of our students in every classroom, every day. We strive for consistency in all that we do.

Our Responsible Behaviour Plan is available for you to re-read on our website and if you have any ideas for how we can continue with the high standards of behaviour at The Caves State School, I would love to hear your suggestions.

Part of what makes Behaviour Management so successful at our school is our Buddy program. Children in Ms Schroeter’s and Ms Dean’s class have been buddied up to encourage student leadership and role modelling. The buddy program has been extended this year to peer reading and, on Tuesday, 3 March, the P/1 and 4/5/6 class and their parents will be invited to join me for afternoon tea so that they can all get to know more about each other socially. If you have children in P/1 and 4/5/6 please mark 2:00 – 3:00 on Tuesday, 3 March in your diary.

Yours in education,

Sandra Porter
Principal

STUDENT COUNCIL NEWS
Our first Student Council activity for the year is a Valentine’s Day Fundraiser Day.

ใจ Every day this week, before school, you can guess how many hearts are on our Valentine’s Card. The closest guess will win a Valentine’s Prize of Goodies! Guesses are $1 each.

ใจ On Friday, 13 February wear red for a gold coin donation. Children need to wear appropriate, safe footwear and sun-smart clothing and must wear broad-rimmed hats.

ใจ Buy a heart-shaped cookie at first break on Friday, 13 February for $1.

DISTRICT SELECTION TRIALS
- 12yrs Girls Football (Soccer) - Born 2003 or later.
  Sunday 8 March and Sunday 22 March 2015 10 am -12pm
- 12 Years Tennis
  17 March (19 March if postponed due to bad weather) 8:30 am – 4:00pm
- 12yrs Australian Football (AFL) Born 2003 or later
  Wednesday 04 & Wednesday 11 March 2015 4:00 – 5:30pm

For more information, please contact the office.
BOOKCLUB
Issue 1 was sent home last week. All orders are due to the school office by Thursday, 19 February 2015.

FIRST AID AND CPR
We have organised for First Aid Response to join our school for a First Aid Refresher Course ($100) including CPR on Monday, 30 March 2015 at 3pm.

If you are interested in joining us, please RSVP to the school office by Monday, 23 March.

TERM 1 CALENDAR
Please find attached our Term 1 Calendar for your convenience. Please keep it somewhere safe and add to it so that you know when things are happening in our school.

EVERY DAY COUNTS
It is important that your children attend school every day. Taking a day off because the fish are biting, or you want to go shopping on your birthday, is not an acceptable reason to miss a day of school.

If your child is sick you should contact the school as soon as possible with an estimation of how long your child will be away from school.

If your family has to travel away for family or cultural reasons, and expect to be away for more than 10 days you will have to apply for an exemption from Compulsory Schooling. Exemptions should be applied for and approved by the Principal of your child’s school BEFORE you travel away.

It is not acceptable to take your children out of school for holidays. Families should plan their holidays to coincide with school holidays.


COMMUNITY NOTICES

MY YOGA MAT
Leesa Olive is happy to announce she will be starting Vinyasa Yoga at The Caves State School Multi-Purpose Building at 6pm each Thursday night from 12 Feb 2015. Beginners class $10, bring your mat, water and positive outlook 😊 Hope to see you there!

LOST
Female Fox Terrier on Australia Day during the storms from Barmoya Rd, The Caves. Pippa is black and tan with a purple collar. She is registered and microchipped. If you have found her please contact Sherylea on 0409 345 325.

NORTH ROCKHAMPTON ATHLETICS CLUB SIGN ON
Sunday 8th March 2015 11am to 1pm (Followed by our first competition day at 2pm)
Sports Oval, North Rockhampton High School, Cnr Dean and Robinson Streets, Frenchville Q 4701 (opposite North Rockhampton Police Station)
Athletes from under 5 to under 17 welcome. All new athletes can sign on for a 2 week trial ($10) to see if they like it! For more information, please contact Paul on 0437 022 380 or view details at www.nrac.org.au or find us on Facebook “North Rockhampton Athletics Club”
**Reading Strategy: Check for Understanding**

Even as adult readers, there are times when we are reading a story and we get lost and are not sure what has happened. Fortunately, when this happens, we have strategies we use to help us understand the story.

The same thing happens when children read. However, with children, they often keep reading and do not realize they lost comprehension until the end of the story. They are too concerned with reading accurately, and forget to take the time to think about what they are reading. How can we help them gain comprehension?

We can teach them the comprehension strategy: **Check for Understanding** because good readers stop frequently to check for understanding or to ask who and what.

**How can you help your child with this strategy at home?**

1. When reading to your child, stop periodically and say, “Let’s see if we remember what I just read. Think about who the story was about and what happened.” Do this 3 or 4 times throughout the story.

2. When reading to your child, stop and have them practise checking for understanding by saying, “I heard you say...”

3. Ask your child the following questions:
   - Who did you just read about?
   - What just happened?
   - Was your brain talking to you while you read?
   - Do you understand what was read?
   - What do you do if you don’t remember?
Our next P&C Meeting for 2015 will be on Thursday, 26 February at 9:00am.

Please note our meeting time of 9:00am. This year, meetings will be held on the fourth Thursday of each month and the time will alternate between 9:00am and 6:30pm.

**Annual P&C Meet and Greet, Friday, 13 February @ 5:30pm**
We would be delighted if you would join us this Friday at 5:30pm down at the Multi-Purpose Building (near the playground) for our annual “meet and greet”. This is a relaxed social occasion, where we like to meet and welcome our new families and catch up with returning families. We bring a plate of nibbles to share as this is *not a fundraiser*, and BYO drinks – a friendly reminder that glass is not permitted on school grounds for obvious safety reasons.

We look forward to seeing in the “Valentines” week end with our school community.

**2015 P&C Executive & Convenor Roles**
Our AGM last Thursday saw all Executive and two of three Convenor roles filled and I am pleased to advise that your Executive and Convenors for 2015 are as follows:

- **Secretary** - Steve Jepson
- **Treasurer** - Elizabeth Jones
- **Vice-President** - Josie Merritt
- **President** - Jocelyn Becker-Peff
- **Tuckshop Convenor** - Angela McCartney
- **Uniform Shop Convenor** - Tamara Jones
- **Grounds Convenor** - VACANT

As an Executive we welcome the involvement and feedback from all and encourage you to participate in our school community in any way that you are able. All members are welcome at P&C meetings and we are always happy to listen and discuss any ideas, concerns or feedback you might have. If you would like to raise anything at any time please do not hesitate to contact me on the following:
Em: jocelyn@peffcabinets.com.au Mb: 0418 559 919 Hm: 4934 2666

**2015 NRL Footy Tipping Competition – KICKS OFF AGAIN!**
We are again running our NRL Footy Tipping Competition in 2015. It will cost tippers $10 to join, with 50% of all funds collected to be prize money for the winning tipper (a consolation “package” will be offered to our wooden spooner!!). To pay to join simply send an envelope to school marked with “Footy Tipping”, your name and the $10.

Instructions for New Tippers
To register online go to [www.footytips.com.au](http://www.footytips.com.au) and click on “Join Now”. This will bring up a profile screen where you will need to enter your own details. Click “Complete Profile” on this screen and “Confirm Details” on the next. Then you will be asked to Search for a Comp. Search “The Caves State School”, click on the name “The Caves State School”. The password for the comp is: TCSS14. Edit your preferences, click update. You are now set up, joined up and ready to start tipping.
For those already registered with footytips.com
Go to www.footytips.com.au and log in (using your personal details). All previous members have been deleted from the competition so that we can start the new year, you will need to rejoin the school competition. Under “Choose Competition” select “Create/Join Competition” then search “The Caves State School”, click on the name “The Caves State School”. The password for the comp is: TCSS14. Edit your preferences, click update. You are now set up and ready to start tipping.

To Tip
Under the header “Ladder” you need to click on “Enter Tips”. This is a small button to the right of the screen under the Change Competition Box. Alternatively along the header is the “Tipping” with a down arrow, if you click this and then select NRL you should be right to enter your tips.

We are all set for a happy tipping footy season.

This can be a community comp and we are happy for you to share with your immediate friends and family, after all, all money raised goes towards the P&C and ultimately will benefit our children.

Please note that all money will need to be received by Friday 13 March for you to be eligible for your points to count.

Any queries please call me on 49342181 or email me on e.jones8@bigpond.com.

Thank you for supporting our school and happy tipping.

Elizabeth

Opportunity to “take on” the “Cookhouse” at The Caves Show
At the meeting last Thursday we discussed the possibility of negotiating with The Caves Show Committee for the P&C to operate the “Cookhouse” at The Caves Show this year. This would be instead of the food stall we ran last year down near the cattle judging.

Whilst the “Cookhouse” presents our school community with a fundraising opportunity, it is also an opportunity for us to contribute significantly to an event that is a much loved institution in our community.

However, as discussed at the meeting, to undertake this we would require a significant number of volunteers confirmed and committed to assisting with preparation, operation and clean up. We can not approach The Show Committee and offer to take on the Cookhouse, unless we are sure that we will be able to manage it and have the requisite manpower.

Accordingly, if you are sure that you will be able to assist, I would ask that you complete the attached form and return to the school or email me directly by THIS FRIDAY, 13 FEBRUARY. Please consider this carefully – children are not permitted in the Cookhouse, and we appreciate that this can make it difficult for people to be able to volunteer.

If enough people do not commit to assisting with this opportunity then we will not approach The Show Committee and will instead proceed with the food stall closer to the cattle judging as has already been discussed.

Thank you for your consideration of this matter.

Jocelyn
(jocelyn@pefcabinets.com.au)